

TRUE COMPASS: NAVIGATING THE TRANSITION TO EXECUTIVE LEADERSHIP

THE TRUE COMPASS MISSION: FROM TECHNICAL EXPERT TO LEADER



Supports newly promoted executives in making the critical transition from being an expert to becoming a leader



True Compass provides the necessary guidance to navigate this shift successfully



Navigating the executive transition alone is often daunting and costly

CORE COACHING SERVICES



Executive Leadership Coaching
Provides personalized, confidential, and evidence-based coaching to build self-awareness and decision-making capacity in complex environments.



Team Coaching (6 Team Conditions)
Uses the 6 Team Conditions diagnostic and evidence-based facilitation to guide teams through dialogue, reflection, and applied learning.



Building a Culture of Accountability
Equips teams with six core communication skills to address the root causes of fragmented communication and inconsistent follow-through

SPECIALIZED WORKSHOPS



Managing Tensions Workshop

Uses structured assessment tools to identify root causes of interpersonal and operational friction and co-design tailored strategies that are anchored to their actual context.



Strengths Finder Workshop

Develop a deep, actionable understanding of where everyone naturally excels and deploy their strengths around complementary capabilities



Trust at Work® Workshop

Diagnose current levels of trust and identify what is eroding it, and provide evidence-based training to rebuild and sustain trust across stakeholder relationships

DIFFERENTIATORS



Led by a 30-year Army veteran with 18 years in Special Operations



President of ICF Metro DC Chapter (1,300+ members)



Coaching Fellow at George Mason University

Practical Experience Supported by Academic Depth

- Advanced degrees and certifications to drive sustainable change
- Current doctoral student with leadership emphasis
- 13 years of executive leadership and team coaching experience

CLIENT EXPERIENCE



Freddie Mac



George Mason University



The Federal Executive Institute



US Customs and Border Protection



Department of Veterans Affairs



Department of Transportation



Social Security Administration



PCORI

Demonstrated success delivering leadership solutions across federal agencies, corporate, and nonprofit clients

NAICS Codes:

- 611430: Professional & Management Development Training
- 541611: Administrative Management & General Management Consulting
- 541612: Human Resources Consulting Services
- 541618: Other Management Consulting Services

CORPORATE DATA



Cage Code:
8FKM2



Primary Contact:
L' Lorenzo Seabrook



UEI:
VJPMMTZ23YM8



Phone: (202) 681-0697



Company Name:
True Compass



Email:
llorenzo.seabrook@tru-compass.com



Corporation Type: LLC



Web: www.tru-compass.com

Procurement ready. True Compass, LLC is a registered entity that accepts credit cards and government purchase cards while actively pursuing GSA schedule status.